



Ski And Gymnastics Academy



Sign Up for Classes Anytime!
Fees are Pro-Rated!

Private Lessons and Camps Available

Check Schedule and Rates at...
www.SagaSports.us

13698 Velp Ave • Suamico, WI 54173

920.662.0111



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Gymnastic Classes

SAGA gymnastics programs include parent and tot, preschool, beginner, intermediate, advanced, competitive team, cheer tumble, acceleration/strength, and extreme sports (trampoline class).



From preschool to advanced classes students will experience class structure in a safe and fun environment that develops motor skills, coordination, and self-confidence.

Your child will be learning fundamental gymnastic skills by using our state of the art facility along with gymnastics apparatus such as vault, bars, beam, floor, and trampoline. The equipment is instrumental in improving strength, coordination, flexibility, and balance. Team participation helps enhance their listening skills, ability to focus on goals and respect for others.



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Water Skiing

We offer water ski lessons on the water during the summer and indoor practice in the gym during the winter. Water ski teams can rent the gym for indoor land practice, dance and etc.

Always wanted to learn to ski and never had the right boat or equipment to do it? We give water ski lessons from beginner to advanced. If you are interested in RECREATIONAL SKIING, 3-EVENT SKIING, or SHOW SKIING we can help you. Need to work on 2 skis, slalom, trick, jump, wakeboard, sky ski, surf, swivel, doubles, kneeboard, pyramids, trios, or barefooting?

State of the Art Facility

Our brand NEW State of the Art Gymnastics Facility is the areas only gym with in-ground tumbl trak, in-ground tumble trampoline, and in-ground foam safety landing pit to ensure safety and fun!

To assist parents, we offer FREE wireless internet service for those last-minute emails.



Equipment

- 2 In-Ground Trampolines
- In-Ground Foam Pit
- Single Bar Trainers
- 2 Climbing Ropes
- Climbing Pole
- Level 4 Vault
- Leg Lift Bars
- Strap Bar
- 7 Beams
- Rod Floor
- 40' In-Ground Tumb Trak
- Palmer Spring Floor
- Handstand Trainer
- Viewing Room
- 2 Sets of Bars
- Locker Room
- Vault Table
- Resi. Pits
- Pit Bar

Pro- Shop~Leotards, grips, shirts... FREE WI FI



Extreme Sports Trampoline Class for wakeboards and snowboards is offered during the winter in the gym.



Open Gym

Parents drop the kids off for an hour of free time in the gym. A staff member is on site to ensure safety and fun!



Parties & Field Trips



SAGA Gymnastics welcomes you to a party you will not forget, filled with fun and excitement! Have a stress-free birthday party for your child. The gym is available on Saturdays and Sundays to reserve for your party. You have an hour of free time in the gym with access to gymnastic equipment: in-ground trampolines, foam safety pits and more. 30 minutes in lobby. Parents supply cake, paper products and party favors. NO Piñatas or Confetti.

Boy/Girl Scout activities, class school trips, day cares, camps, youth groups, church functions, family reunions, holiday celebrations, or homecoming/prom events book your field trip at SAGA Gymnastics. Your hour long field trip includes an open gym setting or instruction from gymnastic coach with access to all the gymnastic equipment.

Inflatables are available to rent for your party or field trip.

* ALL STUDENTS MUST BRING THEIR OWN WATER BOTTLE TO THE GYM!